

April 10, 2019

Julia McDonald, D.O.
Family Medicine Institute
E. Chestnut Street
Augusta, Maine 04330

RE: Gina Turcotte
d/o/b: December 17, 1968

To Julia McDonald:

I am struggling to find the right words to describe how extremely betrayed I feel by your gross professional misconduct during my office visits with you for the past 4 years.

Never once did you ever mention to me that you believed I was delusional. You **never** told me your **true opinion** about my mental status and you **never** referred me for a psychiatry evaluation to determine if I was truly clinically delusional.

Every time I spoke with you about my teeth and the extensive clinical research I have done, you never told me that you never took the time to read any of that clinical research I gave you on at least two occasions; instead, you relied **only** on **your** lack of understanding and lack of due diligence to intentionally, repeatedly and permanently diagnose me as delusional.

You, of all people, should know medicine is a progressive science, not a static one. And you, of all people, should be interested to learn about cutting edge medical breakthroughs that would better serve your patients.

Instead, you quickly, unilaterally and unreasonably decided I was deluded and made a permanent entry in my medical records with your official clinical diagnosis which you know, or should have known, will haunt me every day for the rest of my life.

Your response through the Patient Advocate office about my submitting my rebuttal into my medical records was wholly inadequate and will not repair any of the damage your misconduct has caused me.

When anyone sees your official diagnosis of "Delusional Disorder" in my medical records and my rebuttal about clinical research that even **you** didn't know

about, whose statement and credibility do you think the reader will believe? The doctor's opinion or the (allegedly) delusional patient's objection?

Your behavior has permanently destroyed my trust in you as a doctor and as an honest, genuine person. For 4 years you have smiled at me and lied to my face by failing to tell me your true opinion about me.

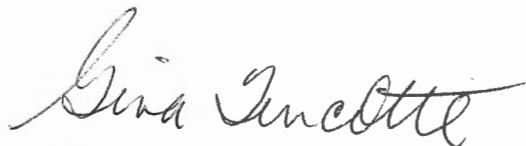
You shook my hand, smiled at me and pretended to believe me. And now I find out you were lying to me the entire time without doing me the courtesy of reading any of the legitimate clinical research I provided to you. And you call yourself a doctor?

Your repeated acts of intentionally carrying forward and reinforcing a Delusional Disorder diagnosis in my medical records has caused me to now question my own judgment about people, and of myself, because I perceived you to be a genuine honest doctor, but you were in fact lying to me behind your smile for the entirety of our professional relationship.

Even if I am able to clean my medical records of the false libelous entries you created, I will never trust another doctor ever again and I will closely review my medical records after every doctor visit for the rest of my life.

Your behavior was utterly shocking, egregious and grossly unprofessional.

I think it goes without saying that I terminate our professional relationship because of your disgusting betrayal and gross misconduct.

A handwritten signature in cursive script, reading "Gina Turcotte". The ink is dark and the signature is fluid, with a long, sweeping underline.

Gina Turcotte
4 Caswell Rd
Windsor, Maine 04363

cc: John Barnes, Medical Director