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Subject: Neale Talks About the Road to Contentment...



Neale Talks About the Road to Contentment

There are four major steps on the Path to Self Awareness. They are:

- 1. Contentment**
- 2. Enlargement**
- 3. Fulfillment**
- 4. Attainment**

That first step, Contentment, is not easy to reach. Many people spend a lifetime trying to get there-and many never arrive. Many people are simply never content with life. No matter what's going on, there's something about it that's not okay. No matter how much they have going for them, it's not quite enough. No matter how bright the day, there'll always be rain tomorrow, so why get all "feeling good" about things?

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