

From: messages@cwgemail.org <messages@cwgemail.org>
To: goddessunleashed@adelphia.net
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Subject: Neale Talks About the Process of Self-Awareness



Neale Talks About the Process of Self-Awareness

The desire to attain self-awareness has been discussed and explored for thousands of years, yet in all my reading on this subject I have never been able to find a simple process, approach, or formula that allowed the average person to easily understand what is involved in that experience.

Perhaps that writing exists and I have simply not come across it. That is entirely possible. On June 15, 2006, however, in a small cafe in Amsterdam, The Netherlands, my personal search ended.

The most astonishing thing occurred on that day. For the first time in my life I had a Conversation with God in a public place, and while in the company of other people. We were having a lively exchange, four of us, over hot chocolate (it was unseasonably cool in Amsterdam that day, and rainy as well, and we'd ducked under cover for some "warm-me-ups").

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