From:	Gina <goddessunleashed@roadrunner.com>
To:	'tom_thefool@yahoo.com'
	'elloria_samaria@yahoo.com'
Date:	10/16/2007 9:18:43 PM
Subject:	FW: DailyOM: Releasing The Reigns

From: DailyOM [mailto:today@dailyom.com]
**Sent:** Tuesday, October 16, 2007 8:33 AM
To: goddessunleashed@adelphia.net
Subject: DailyOM: Releasing The Reigns

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October 16, 2007
Releasing The Reigns
Changing Others

Our perception of humanity as a whole is, to a large extent, dualistic. We paint people with a broad brush—some are like us, sharing our opinions and our attitudes, while others are different. Our commitment to values we have chosen to embrace is often so strong that we are easily convinced that our way is the right way. We may find ourselves frustrated by those who view the world from an alternate vantage point and make use of unusual strategies when coping with life's challenges. However ardently we believe that these people would be happier and more satisfied following our lead, we should resist the temptation to try to change them. Every human being has been blessed with a unique nature that cannot be altered by outside forces. We are who we are at any one point in our lives for a reason, and no one person can say for certain what another should be like.

The reasons we try to change one another are numerous. Since we have learned over time to flourish in the richness of lives we have built, we may come to believe that we are qualified to speak on behalf of the greater source. The sum total of our knowledge will never

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compare to what we do not know, however, and our understanding of others' lives will forever be limited. The potential we see in the people who are a part of our lives will never be precisely the same as our own, so we do these individuals a disservice when we make assumptions about their intentions, preferences, and goals. Our power lies in our ability to accept others for all their quirks and differences and to let go of the need to control every element of our existence. We can love people for who they are, embracing their uniqueness, or we can love them as human beings from afar.

Your ability to influence people may grow more sophisticated because others sense that you respect their right to be themselves, but you will likely spend more time gazing inward, into the one person you can change: yourself.

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