

From: [Gina <goddessunleashed@adelphia.net>](mailto:Gina_<goddessunleashed@adelphia.net>)

To: gina.turcotte@maine.gov

Date: 6/22/2007 6:19:57 AM

Subject: FW: Feedback

-----Original Message-----

From: Christian Pankhurst [mailto:panky@embracingchange.org]

Sent: Thursday, June 21, 2007 12:17 PM

To: Gina

Subject: Re: Feedback

Dear Gina,

I feel several different things. A part of me feels sad at your decision to leave. Another part feels frustrated and angry. Another part feels at peace with the process. My judgement is that, right now in your life, your desire to be right is greater than your desire to heal. When this trend reverses, you will come back to yourself.

What I want is to support you in your healing, not in your righteousness. Therefore, I don't want to respond to any analysis of why you left our group. Understanding the why is of little importance, especially when you are looking for a why outside of yourself.

You did no one a service by leaving. The gifts you provided all of us were immense and were felt throughout the weekend after you left. People may feel more comfortable with you not around, but they sure as hell won't grow as fast. That's your gift and curse. My advice? Check in or check out. Shit or get off the pot. No explanations, no excuses, no reasons. You don't have to be nice, polite or sorry for who you are, but for god's sake...at least SHOW UP. Stop being a wimp and running away pretending the world owes you something or that you are being of service with your absence.

I don't want to be having email tag around your leaving the retreat. Our closure session on Saturday was for that, and now that door has closed. I am happy to correspond with you in regards to what you are feeling and wanting around your healing. I will support that. Any email off this area of focus I will simply ignore.

I am choosing to be tough with you in this matter, because I feel moved to do so. I may have mis-read what is required to support you, and if that is the case, if you feel damaged by what I have shared, please know that is not my intent. I want for you to stop using your lack of safety and trust as a reason to not show up in the world. I know this strategy as I do this myself.

Kim sends her love, she really appreciated what you wrote.

With strength in my heart,

Christian