

From: [Gina Turcotte <goddessunleashed@adelphia.net>](mailto:goddessunleashed@adelphia.net)  
To: ['jmtklt5@aol.com'](mailto:jmtklt5@aol.com)  
Date: 2/5/2007 8:43:44 PM  
Subject: FW: THE DAILY GURU...Spiritual Messages

-----Original Message-----

From: The Daily Guru [mailto:thedailyguru@exemail.com.au]  
Sent: Monday, February 05, 2007 4:31 PM  
To: Gina  
Subject: THE DAILY GURU...Spiritual Messages

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PLEASE SEND THIS MESSAGE TO AS MANY PEOPLE  
AS YOU KNOW, TO HELP US IN OUR MISSION TO RAISE  
THE CONSCIOUSNESS OF AS MANY PEOPLE AS POSSIBLE

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#####

Tuesday 6, February 2007

Go for what you want

"Follow your bliss."

-- Joseph Campbell

It's hard for some of us to believe that the world is served when we seek our own happiness. We've been taught that this is selfish.

If we stop to reflect on how we are in the world when we are happy, we can see how this serves. We have more vitality. We're more loving and generous to others when our own needs are met.

What activities bring you greatest joy? Your unique gift to the world will be found in those pastimes you love the most.

How can you live your joy each day?

"Spiritual growth is not made in reaction against, for all striving against imposed restrictions is imaginary. Spiritual growth is accomplished by inclination toward. We grow like the sunflower, following the light."

-- Joy Houghton

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