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Subject: An additional thought...



I'm not sure if Dad realizes this yet but I turned **37** in December... I don't need a "parent" anymore... I've done quite a good job building myself up and getting healthy without a supportive parent figure my entire life... My mother and father were excellent "providers", which is not necessarily synonymous with "parent"... Parents BUILD their children's esteem – they don't DESTROY it through the use of verbal abuse, emotional unavailability and persistent judgmental attitudes... I don't need their judgments or parentage anymore... I need their understand and acceptance for Who I Am, regardless if they like it (me) or not...

Gina